



MJ HEALTH
美兆国际健康管理

Health Management Screening Packages

健康管理配套



Station 站别	Items 项目	No. 细项数	Screening Items 检查细项	M 男	F 女	
1. Reception 报到	Hand in health evaluation questionnaire and stool sample collection tube 提交健康问卷及粪便样本采集管		Hand in health evaluation questionnaire and stool sample collection tube 提交健康问卷及粪便样本采集管	●	●	
2. Interview 问诊	(1) Interview 问诊		Interview 问诊	●	●	
3. Changing Room 更衣室	Changing Room 更衣室		Changing Room 更衣室	●	●	
4. Blood Sampling 采血	Blood Sampling 采血		Blood Sampling 采血	●	●	
5. Laboratory 检验室	(2) Hemogram 血液常规检查	1	WBC 白血球计数	●	●	
		2	RBC 红血球计数	●	●	
		3	Hb 血红素测定	●	●	
		4	Hematocrit 血球容积	●	●	
		5	MCV 平均红血球体积	●	●	
		6	MCH 平均红血球血红素量	●	●	
		7	MCHC 平均红血球血红素浓度	●	●	
		8	RDW 红血球大小分布宽度	●	●	
		9	PLT 血小板计数	●	●	
		10	WBC Differential Count 白血球五项分类	●	●	
		(3) Blood Sugar Test 血糖检查	11	Fasting Blood Glucose 空腹血糖	●	●
		(4) Liver Function Tests 肝胆功能检查	12	Total Bilirubin 总胆红素	●	●
			13	Direct Bilirubin 直接胆红素	●	●
			14	Total Protein 总蛋白	●	●
			15	Albumin 白蛋白	●	●
			16	Globulin 球蛋白	●	●
			17	Alkaline Phosphatase 碱性磷酸酶	●	●
			18	sGOT (AST) 麸草酸转氨酶	●	●
			19	sGPT (ALT) 麸丙酮酸转氨酶	●	●
			20	γ-GT (GGT) γ-麸氨酰转移酶	●	●
			21	LDH 乳酸脱氢酶	●	●
		(5) Renal Function Tests 肾功能检查	22	BUN 尿素氮	●	●
			23	CRE 肌酸酐	●	●
			24	eGFR 肾丝球过滤率	●	●
		(6) Uric Acid Test 尿酸检查	25	Uric Acid 尿酸	●	●
		(7) Blood Lipids Tests 血脂检查	26	Triglyceride 三酸甘油脂	●	●
			27	Total Cholesterol 总胆固醇	●	●
			28	HDL-Cholesterol 高密度胆固醇	●	●
			29	LDL-Cholesterol 低密度胆固醇	●	●
			30	T-Chol / HDL-C Ratio 胆固醇/高密度胆固醇比值	●	●
		(8) Ca, P, and Fe Tests 钙磷铁检查	31	Calcium 钙	●	●
			32	Phosphate 磷	●	●
			33	Ferum 铁	●	●
			▲	TIBC 总铁结合力	▲	▲
			▲	% Saturation 铁饱和度	▲	▲
	(9) Hepatitis Screening 肝炎检查	34	HBsAg 乙型肝炎表面抗原	●	●	
		35	Anti-HBs 乙型肝炎表面抗体	●	●	
		▲	Anti-HBc 乙型肝炎核心抗体	▲	▲	

▲ Additional test for abnormal result
表示前项异常时加做项目

♥ Female Item
女性检测项目

★ Male Item
男性检测项目

● Male and Female Item
男女共同选项

◆ Female Item for JB Center only (≥45 years old)
女性选做项目只限于JB中心(45岁以上)

		36	Anti-HCV	丙型肝炎抗体	●	●
		37	Anti-HAV	甲型肝炎抗体	●	●
(10) Tumour Markers 肿瘤标记检查		38	α-FP	甲胎蛋白	●	●
		39	CEA	癌胚抗原	●	●
		40	PSA	前列腺特异抗原	★	
		41	CA19-9	胰腺肿瘤标记	●	●
		42	CA15-3	乳腺肿瘤标记		◆
		43	CA72-4	糖类抗原	●	●
	(11) H.Pylori Ab 肠胃感染筛检	44	H.Pylori Ab	幽门螺旋杆菌抗体	●	●
(12) Thyroid Function Tests 甲状腺功能检查	45	TSH	促甲状腺激素	●	●	
	46	F-T4	游离四碘甲状腺素	●	●	
(13) Tissue Inflammation Screening 组织发炎筛检	47	CRP	C反应蛋白	●	●	
	48	RA Factor	类风湿关节炎因子	●	●	
(14) STD 性病筛检	49	RPR	快速梅毒螺旋体反应素测定	●	●	
	▲	TPHA	梅毒螺旋体血凝试验	▲	▲	
(15) Anti-HIV 艾滋病筛检	50	Anti-HIV 1 / 2	艾滋病筛检	●	●	
(16) Blood Grouping 血型检查	51	Blood Type & Rh(D) Factor	血型和Rh(D)因子	●	●	
(17) Vitamins Screening 维他命检测	52	Vitamin D	维他命D	●	●	
	53	Vitamin B12	维他命B12	●	●	
	54	Folic Acid	叶酸	●	●	
(18) Micro - Physiological Assessment 微生理评估	55	Metabolic, Inflammation & Hormone Assessment	代谢、发炎与荷尔蒙评估	●	●	
(19) Urinalysis 尿液常规筛检	56	Appearance	外观	●	●	
	57	Protein	尿蛋白	●	●	
	58	Glucose	尿糖	●	●	
	59	Bilirubin	尿胆红素	●	●	
	60	Urobilinogen	尿胆原	●	●	
	61	Nitrite	尿亚硝酸盐	●	●	
	62	Ketone Bodies	尿酮体	●	●	
	63	Leukocytes	尿白血球	●	●	
	64	Occult blood	尿潜血	●	●	
	65	Specific Gravity	尿比重	●	●	
	66	PH	尿酸碱度	●	●	
	▲	Urine Sediments	尿沉渣镜检、红血球、白血球、上皮细胞、管型、细菌、其他	▲	▲	
	(20) Fecal Occult Blood Test 粪便潜血反应	67	FOBT	免疫法粪便潜血反应	●	●
6. Ultrasound Examination 超声波检查	(21) Abdominal Ultrasound Examination 腹部超音波检查	68 - 75	Liver, Intrahepatic Bile Duct, Common Bile Duct, Gall Bladder, Kidney, Hepatic Portal Vein, Pancreas, Spleen.	肝、肝内胆管、总胆管、胆囊、肾、肝门静脉、胰、脾	●	●
	(22) Other Ultrasound Examination 特殊部份超音波	76 77	Breast Ultrasound (<45years old) Prostate Ultrasound (>40years old)	乳房超音波 前列腺超音波	● ★	◆
7. Anthropometric Measurement & Vital Signs 一般检查	(23) Anthropometric Measurement & Vital Signs 一般检查	78	Height	身高	●	●
		79	Weight	体重	●	●
		80	BMI	身体质量指数	●	●
		81	Body Fat % & Muscle Mass	体脂肪率与肌肉量	●	●
		82	Waist Circumference	腰围	●	●
		83	Hip Circumference	臀围	●	●
		84	Waist / Hip Ratio	腰臀围比值	●	●
		85	Blood Pressure	血压	●	●
		86	Pulse Rate	脉搏	●	●
		87	Respiration Rate	呼吸	●	●
		88	Chest Circumference	胸围	●	●
		89	Chest Circumference (Inspiration)	吸气胸围	●	●
		90	Lower Limb Edema	下肢水肿	●	●
8. Electro-cardiography 心电图检查	(24) Electrocardiography 心电图检查	91	Electrocardiography (ECG)	心电图	●	●

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 9. Ophthalmology Examination 视力检查	(25) Vision Test 视力检查	92 - 95	Vision, Strabismus, Astigmatism, Color Discrimination 视力、斜视、散光、辨色力	●	●
	(26) Ocular Tension Test 眼压检查	96	Ocular Tension 眼压	●	●
 10. Retinal Imaging 眼底摄影检查	(27) Retinal Imaging 眼底摄影检查	97	Retinography, Slit Lamp 眼底摄影、裂隙灯	●	●
	 11. Gynaecology 妇科	(28) Gynaecological 妇科检查	98	Liquid-based Cytology Test 宫颈液基抹片	
		99	Pelvic Examination 内诊		♥
 12. ENT Examination 耳鼻喉科检查	(29) ENT Examination 耳鼻喉科检查	100 - 105	Ear, Nose, Nasal Pharynx, Oral Pharynx, Throat, Neck 耳、鼻、鼻咽、口咽、喉、颈项	●	●
 13. Lung Function Test 肺功能检查	(30) Lung Function Tests 肺功能检查	106 - 108	Forced Vital Capacity, Forced Expiratory, Maximum mid-Expiratory Flow 肺活量、一秒钟用力吐气量、最大中段流速量	●	●
 14. BMD Screening 骨质密度检查	(31) Bone Mineral Density 骨质密度	109	Bone DEXA Scan 骨质密度检查	●	●
 15. Audiometry 听力	(32) Audiometry Tests 听力检查	110	Left / Right Audiometry 左耳 / 右耳听力	●	●
 16. X-Ray X光检查	(33) Chest X-Ray 胸部X光检查	111	Chest X-Ray 胸部X光检查	●	●
	(34) Lateral Chest X-Ray 侧胸X光检查	112	Lateral Chest X-Ray 侧胸X光检查	●	●
	(35) Abdominal X-Ray 腹部X光检查	113	Abdominal X-Ray (KUB) 腹部X光检查	●	●
 17. Peripheral Vascular Screening 周边动脉硬化检测	(36) Peripheral Vascular Screening 周边动脉硬化检测	114	Peripheral Vascular Screening 周边动脉硬化检测	●	●
 18. Mammography 乳房摄影检查	(37) Mammography 乳房摄影检查	115	Mammography (>45 years old) 乳房摄影检查(>45岁) (KL Center only) (限吉隆坡诊所)		♥
 19. Dining / Health Education 标准餐区 / 卫教	Enjoy a standard meal designed by our Dietitian according to individual's ideal body weight, physical activity, gender and age. 享用营养师依个人标准体重、工作量、性别和年龄设计的标准餐及餐后卫教			●	●
 20. Consultation 健检总结	(38) Consultation 健检总结	116	Doctor Consultation 医师总结	●	●
 21. Health Management Counselling 健康管理	(39) Health Management Counselling 健康管理	117	Health Management Counselling 健康管理	●	●

▲ **Additional test for abnormal result**
表示前项异常时加做项目

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女性检测项目

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男性检测项目

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男女共同选项

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Optional Item 加选项目



✓ HBeAg	B型肝炎e抗原	✓ Mammography (KL only)	乳房摄影检查 (限吉隆坡诊所)
✓ Anti-Hbe	B型肝炎e抗体	✓ HPV DNA	人类乳突病毒检查
✓ Homocysteine	同半胱氨酸	✓ Peripheral Vascular Screening	周边动脉硬化检测
✓ Allergen Screening	过敏原筛检	✓ Body Composition Analysis	身体组成分析
✓ CA15-3	乳腺肿瘤标记	✓ Exercise Stress Test (KL Only)	运动心电图 (限吉隆坡诊所)
✓ EBV Antibody	EB病毒抗体检查	✓ Gynaecology Ultrasound	妇科超音波
✓ C13-UBT	碳13幽门螺旋杆菌抗原呼气检查	✓ Thyroid Gland Ultrasound	甲状腺超音波
✓ CA125	卵巢肿瘤标记	✓ Breast Ultrasound	乳房超音波
✓ CA19-9	胰腺肿瘤标记	✓ 3-Point BMD Screening	全脊椎 + 三点骨密度检查
✓ Testosterone	睾酮	✓ Vitamin B12	维他命B12
✓ HS-CRP	高敏感性-C反应蛋白	✓ Folic Acid	叶酸
✓ Insulin	胰岛素 (糖尿病筛检)	✓ Carotid Artery Ultrasound	颈动脉超音波
✓ HbA1c	糖化血红素 (糖尿病筛检)	✓ Liver Elastography Ultrasound	肝弹性成像超音波

MPA: Discover the root causes of health problems

微生理评估:找出健康最源头的问题



从根源 Finding Health from the Roots 找健康



Micro - Physiological Assessment (MPA) 微生理评估

M
男

F
女

 Metabolic Assessment 代谢评估	Assess body metabolic function 评估身体代谢功能	Fasting Blood Glucose	空腹血糖	●	●
		HbA1c	糖化血红蛋白	●	●
		Insulin	胰岛素	●	●
		TG	三酸甘油酯	●	●
		Cholesterol	胆固醇	●	●
		HDL-Cholesterol	高密度胆固醇	●	●
		LDL-Cholesterol	低密度胆固醇	●	●
		TG/HDL-Cholesterol	三酸甘油酯/高密度胆固醇	●	●
		LDL/HDL-Cholesterol	低密度/高密度胆固醇	●	●
		CHOL/HDL-Cholesterol	胆固醇/高密度胆固醇	●	●
 Inflammation Assessment 慢性发炎评估	Assess body immune function 评估身体免疫功能	HS-CRP	高敏感性-C反应蛋白	●	●
		Fibrinogen	纤维蛋白原	●	●
		Ferritin	铁蛋白	●	●
		Uric Acid	尿酸	●	●
		Homocysteine	同半胱氨酸	●	●
		FSH	滤泡刺激素	●	●
 Hormone Assessment 荷尔蒙评估	Assess body endocrine function 评估身体内分泌功能	LH	黄体刺激素	●	●
		Testosterone	睾固酮	●	●
		SHBG	性荷尔蒙结合蛋白	●	●
		Albumin	白蛋白	●	●
		Free Testosterone	游离睾固酮	●	●
		Bio Testosterone	生物活性睾固酮	●	●
		Estradiol	雌二醇	●	●
		TSH	促甲状腺激素	●	●
		Free T4	游离四碘甲状腺素	●	●

Allergen Screening Test

敏感源检测项目



E 66 Specific IgE Screening Test 急性敏感源检测

Mold / Pollen

C. herbarum
A. alternata
A. fumigatus
P. notatum
C. albicans
Junegrass
Bermuda
Sorrel
Ragweed
Pigweed
Timothy
Acacia
Mulberry
Pine

Mite / Dander

D. pteronyssinus
D. farinae
B. tropicalis
Cockroach mix

Dog epithelia
Cat hair
Goat epithelia
Feather mix

Dairy Products

Milk
Egg white
Egg yolk

Meat

Pork
Beef
Lamb
Chicken

Seafood

Crab
Shrimp
Clam
Oyster

Squid
Codfish
Salmon
Tuna

Vegetables

Celery
Broccoli
Green bean
Green pepper
Carrot
Sweet potato
Potato
Garlic
Tomato
Mushroom
Onion

Fruits

Mango
Kiwi fruit

Apple
Banana
Grape
Mandarin
Cantaloupe
Coconut

Grains / Nuts

Rice
Wheat
Corn
Soybean
Peanut
Cashew nut
Sesame seed
Almond

Others

Yeast
Honey

G 101 Specific IgG Screening Test 食物耐受度敏感源检测

Dairy Products

Milk
Cheese
Yogurt
Egg white
Egg yolk

Meat

Pork
Beef
Lamb
Chicken
Duck
Goose

Seafood

Crab
Shrimp
Clam
Oyster
Squid
Codfish
Salmon
Tuna
Eel
Seaweed

Vegetables

Spinach
Cabbage
Lettuce
Celery
Broccoli
Green bean
Pea
Green pepper
Eggplant
Pumpkin
Cucumber
Asparagus
Bamboo shoots

Radish
Carrot
Sweet potato
Potato
Taro
Tomato
Mushroom
Onion

Fruits

Mango
Kiwi fruit
Apple
Banana
Pineapple
Cherry
Grape
Grapefruit
Mandarin
Guava
Strawberry
Lemon
Honey peach
Coconut
Cantaloupe
Papaya
Watermelon
Pear

Grains / Nuts

Rice
Wheat
Buckwheat
Corn
Soybean
Mung bean
Red bean
Runner bean
Peanut
Cashew nut
Walnut
Olive

Sesame seed
Sunflower seed
Almond

Yeast / Beverages

Yeast
Tea
Coffee
Cocoa bean
Honey

Spice

Scallion
Ginger
Garlic
Curry
Chili
White pepper
Basil
Coriander

Herbal Medicine

Lycium
Astragalus
Red date
Licorice
Angelica
Ginseng
Cindium
Rehmannia
Longan Pulp
Snow Fungus
Lotus Seed
Reishi
Cordyceps

GE 224 Specific IgE / IgG Screening Test 急性与食物耐受度敏感源检测 101 Specific IgG + 123 Specific IgE

Mold / Pollen

C. herbarum
A. alternata
A. fumigatus
P. notatum
C. albicans
Junegrass
Bermuda
Sorrel
Ragweed
Pigweed
Timothy
Acacia
Mulberry
Pine

Mite / Dander

D. pteronyssinus
D. farinae
B. tropicalis
Cockroach mix
Dog epithelia
Cat hair

Goat epithelia
Feather mix

Dairy Products

Milk
Cheese
Yogurt
Egg white
Egg yolk

Meat

Pork
Beef
Lamb
Chicken
Duck
Goose

Seafood

Crab
Shrimp
Clam
Oyster

Squid
Codfish
Salmon
Tuna
Eel
Seaweed

Vegetables

Spinach
Cabbage
Lettuce
Celery
Broccoli
Green bean
Pea
Green pepper
Eggplant
Pumpkin
Cucumber
Asparagus
Bamboo shoots
Radish
Carrot

Sweet potato
Potato
Taro
Tomato
Mushroom
Onion

Fruits

Mango
Kiwi fruit
Apple
Banana
Pineapple
Cherry
Grape
Grapefruit
Mandarin
Guava
Strawberry
Lemon
Honey peach
Coconut
Cantaloupe

Papaya
Watermelon
Pear

Grains / Nuts

Rice
Wheat
Buckwheat
Corn
Soybean
Mung bean
Red bean
Runner bean
Peanut
Cashew nut
Walnut
Olive
Sesame seed
Sunflower seed
Almond

Yeast / Beverages

Yeast

Tea
Coffee
Cocoa bean
Honey

Spice

Scallion
Ginger
Garlic
Curry
Chili
White pepper
Basil
Coriander

Herbal Medicine

Lycium
Astragalus
Red date
Licorice
Angelica
Ginseng
Cindium

Rehmannia
Longan pulp
Snow fungus
Lotus seed
Reishi
Cordyceps

MJ 美兆 5 Major Characteristic 大特点



Efficiency in Service
速度最快

complete a health screening covering 100 items within 4 hours and the comprehensive health screening reports will be available for collection on the same day.

超过100项的全身检查项目全程仅需4小时，并于检查当天就可立即拿到体检报告。



Accredited Quality Services
优良品质

MJ was obtained with ISO 9002 and ISO 9001: 2000 international accreditation, and was awarded by Royal College of Pathologists of Australasia (RCPA).

美兆拥有ISO9002与ISO9001:2000国际品质认证，并连年通过澳洲皇家病理学检验室品质检核(RCPA)。



Strictly Confidential
尊重隐私

MJ is the world's largest private health screening institute, your health screening information will be strictly private and confidential, and will not be accessed by third parties.

美兆为全球最大的私人健检机构，严格保障您的隐私权，确保您的健康检查报告资料不会被他人查阅。



Environmental Safe
安全环境

All equipment and facilities are separated from diagnostic stream and are not shared with patients, thereby avoiding the chance of cross infections.

美兆是一家强大医检分离的专业健康检查中心，不用担心与病患共用仪器，大幅度降低交叉感染的风险。



Affordable Price
价格实惠

MJ provides you the most affordable price of health screening covering over 100 items.

超过100项的全身检查项目，美兆提供您最实惠的价格。

MJ HEALTH
美兆国际健康管理

Comprehensive Health Management 全方位健康管理

MJ healthcare management platform comprises three main areas of: Screening, Analysis and Solution and broken down into eight phases including Screening, Monitoring, Analysing, Evaluating, Predicting, Alerting, Making Interventions, and Following-up to provide health conscious people with the tools they need to manage health and prevent disease.

美兆所打造的全方位健康管理平台，为协助全人类追求高品质的健康生活而努力，以三阶段-检查、评估、对策和八步骤-检测、监测、分析、评估、预测、预警、干预及追踪为每一位重视健康的人做好健康管理与疾病预防。



MJ Health

Mobile App is available now!

手机应用程序现已上线!



✓ Scheduling appointment for Health Screening
线上自行预约健检



✓ Filling up online Questionnaires
线上填写问卷



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